HERALD



Join us online or in person as we continue the series "Cold Turkey." We hope to see you soon.

VOLUME 14, NUMBER 19

FRIDAY, NOVEMBER 10, 2023

571870

Nov. 16 & 17

Make Way for Moana!

How far would you go to see "Moana, JR."?

ou won't have to go very far, because WC's Theater II will present the charming musical on Thursday and Friday, Nov. 16 and 17 at 7 p.m. in The Foundry.

"Moana, JR." is a musical adaptation of the 2016 Disney animated film, bringing the adventures of Moana and her village of Motunui to life onstage.

This thrilling and heartwarming comingof-age story follows the strong-willed Moana as she sets sail across the Pacific to save her village and discover the truth about her heritage. Moana and the legendary demigod Maui embark on

With empowering messages of bravery and selflessness, "Moana, JR." is sure to bring out the hero within each of us.

an epic journey of self-discovery and camaraderie as both learn to harness the power that lies within. With empowering messages of bravery and selflessness, "Moana, JR." is sure to bring out the hero within each of us.

"This group is definitely more experienced in general when it comes to performing," said Theater II Director Julie Blalock, "So we can challenge them with more difficult choreography, more intense acting, and a quicker pace when it comes to working through the show."

"Moana, JR." features all the beloved songs from the film, written by Tony, Grammy, Emmy, and Pulitzer Prizewinning composers Lin-Manuel Miranda, Opetaia Foa'l, and Mark Mancina, including "How Far I'll Go," "Shiny," and "You're Welcome."

Assisting Blalock in the production is Ann-Marie Heilman in choreography and Eleni Brooke in music direction. Crew

MOANA cont'd on page 2







CONFIRMATION

Ninety students made Affirmations of Faith and were confirmed in last Sunday's service. Families and friends were on hand to support the students, and some of them joined the White's Chapel family as well.

Advent Season Welcomed with

Hanging of the Greens

Sunday, Dec. 3 | Walton Chapel | 9:30 a.m.

ong before the birth of Christ, evergreens were used as an emblem of eternal life. Greens such as cedar for royalty, fir and pine boughs for everlasting life, holly symbolizing Jesus' death and ivy representing the resurrection are used. The season of Advent, which comes from the Latin word adventus meaning "coming" or "visit," begins four Sundays

before Christmas and ends on Christmas

Eve. Advent is the beginning of
the liturgical year for Christians.

Although we are accustomed

to celebrating Christmas
on a single day, in both
Christian tradition and on the
Church calendar, the Christmas
season lasts sundown on Dec. 24
(Christmas Eve) through Epiphany
of the Lord (Jan. 6). This is sometimes

GREENS cont'd on page 3

WC Christmas Festival to Kick Off Christmas Season

The annual White's Chapel Christmas Festival — a treasured gift to the community — will be held on Wednesday, Nov. 29 from 2 to 7:15 p.m. It will kick off the season that celebrates the greatest birthday of all, the birth of our Savior. The event will feature meaningful live nativities, exciting rides, delicious food, a petting zoo, and family-friendly activities.

"I think at its inception, it was a children's festival, and now it's an event for the whole community," WC Kids Co-Director Denise

Bennett said. "I think it's a great time for church families to invite people outside our church... it's just a fun family event that everyone can come and enjoy for free, basically, because the food trucks are the only thing that cost any money."

"It's a community outreach event, too," shared other WC Kids Co-Director Hannah Robbins. "It may be some people's first time on campus, and it's always our hope that they make plans to come back or grab a flyer to get involved."

Each year, leaders typically bring in exciting attractions for families to enjoy, and this year is no different. Classic bounce houses and obstacle courses, a snow hill, and a new camel photo op will be featured, along with the return of other exciting rides. Additionally, carnival-

FESTIVAL cont'd on page 3

When and How

Setting Boundaries During the Holidays

By Dr. Nina Rios-Doria, PhD, LPC

hen I work with athletes, we often talk about what's in their control and what's out of their control. This process relieves anxiety and stress for them. They also feel more empowered once they go through this exercise, and are more confident with the choices they make moving forward.

I think this is a great exercise to do when setting boundaries. I created this image (on Page 2) because it's a helpful way to understand boundaries and how to set them.

- What are boundaries?
- How do we define ours?
- How do we know when to set them?
- How does it feel to have boundaries and not have them?

BOUNDARIES cont'd on page 2



Crack the Nutcracker in Under One Hour!

Sunday, Nov. 26 | 5 p.m.

Please join The APEX Arts League and Avant Chamber Ballet at the annual performance of "Nutcracker: Short and Suite." You'll be delighted with all of Tchaikovsky's holiday classics, performed with live music. A magical combination.

"Nutcracker: Short and Suite" is the perfect dessert after your Thanksgiving weekend with seats as low as \$10.

And for those families in a holiday crunch for time, the performance wraps in about an hour. Now that's sweet!

INSIDE THIS WEEK'S ISSUE

Classic Adult Fellowship Update Event Pictures and Highlights



Christmas Poinsettias
Forms Due Dec. 3 | See Page 4



Called: Ministry & Ministers in the MCC (An Update)

"Give me one hundred preachers who fear nothing but sin and desire nothing but God, and I care not whether they be clergymen or laymen, they alone will shake the gates of Hell and set up the kingdom of Heaven upon Earth."

– John Wesley

By Dr. Todd Renner

or the past four weeks, we've used this space to update you on the development of the Methodist Collegiate Church.

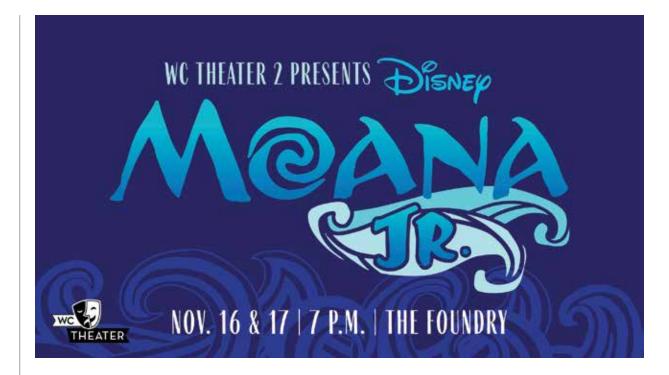
Honestly, it's been a fascinating journey: one that, as I confessed in our first column, we were leery of embarking upon at first...but the fruits that have already begun to grow from the initial seeds that we've planted are so very encouraging. In local churches and on global mission fields, alike, God is doing something powerful and special and new!

As you may remember, though, one of the deep considerations we had as we moved through our discernment process last year was the need to have an objective and thorough way to identify, train, and credential clergy. It was one of the tasks of creating a "new expression of Methodism" that daunted us most. Drawing from the historic traditions of the Weslevan movement and in consultation

with laity, pastors, and academics, we aimed to develop a process that was, both, practical and comprehensive – to be a community that trains pastors who have a deep love of Jesus and a deep love of people. Our goal was graciously unapologetic: to create a process that would ensure our licensed and ordained leaders were thoroughly Biblical, thoroughly Wesleyan, and thoroughly pastoral – with hearts, minds, and souls that know (and know how to proclaim) the entire sanctification of Christ: that God loves us just as we are but refuses to keep us that way.

And we've been overwhelmed by what we've seen! We're excited by the relationships we've entered into at the request of several regional seminaries. We're excited by the individuals who've come forward to answer God's call on their lives. We're excited by the ordained clergy who've partnered with us and by those who've begun their own journey toward holy orders! In fact, several weeks ago, we held a special Service of Recognition where we received and celebrated the ministry of fifteen individuals as they entered into covenant with the MCC. That night we also praised God as we commissioned Pastor Victor to begin the last leg of his ordination journey, and we celebrated the election of Pastor John as our College's first Dean. It was a powerful and emotional night – filled with worship and prayer – as we stood together to speak holy and ancient words, committing ourselves once more to the holy work of the Lord.

Currently, the laity and clergy on the Commission on Ministry (the committee that oversees the licensing and ordination process) are working to formalize the procedure to train and certify leaders who'd like to pursue a recognized and commissioned form of lay ministry. For more information about any of these opportunities...or if you're feeling God calling you to ordained ministry, please do not hesitate to reach out to any of our pastors! As we said before, God is doing something special in our midst...and we are humbled to get to share it with you!



Moana

Cont'd from page 1

members include former WC Theater students Libby Dodson, Cade Lewis, Emily Petersilge, and Sam Thompson.

The show celebrates the rich history of Oceania and is based on the beliefs and cultures of the people of the Pacific Islands. "Moana" was developed in collaboration with an Oceanic Trust – a group of anthropologists, cultural practitioners, historians, linguists, and choreographers from the Pacific Islands.

"It has been such a special experience to learn about the Samoan and Tokelauan cultures upon which the 'Moana' story is based," explained Brooke. "From our very first music rehearsal, we have broken down the songs to ensure we are pronouncing every lyric correctly. This is probably our most challenging portion of putting this show together, but also the most fun. We are creating the world of 'Moana' through music and dance, and it is so rewarding to see our cast light up as they figure out each musical number!"

Additionally, Blalock, Brooke and Heilman have worked on costumes and props. The set is minimal and will use digital backdrops. WC Kids' Dana Netzer has been instrumental in creating Maui's magical hook as well as other signature prop pieces.

The "Moana, JR." cast includes Sam Creed, Abby Dedic, Gabriel DeLaune, Frankie Dillard, Rylan Dixon, Brayden Dougherty, Christopher Elliott, Brooks Gwynn, Zoey Heilman, Ben Lee, Catarina Martin, Kayla McMaster, Emily Morris, Brooke Neely, Elijah Parish, Jack Paschall, Noah Pearson, Maddie Pratt, Antonella Rincon, Reese Roberts, Jude Schultz, Cade Skattum, Madeline Spencer, Evelyn Veley, Madeline Zabrouski, and Roxy Zimmerman.

Admission to this family-friendly evening of entertainment is free.

Registration opens for spring classes in Theater I & II on Friday, Dec 1.
Registration is available online. The spring shows will be announced no later than the end of November. Tryouts for Theater's spring production will be Sunday, Jan. 6.

Students are asked to prepare a song from the (to be announced) show. It is recommended students choose songs that complement their vocal skills and highlights their strengths. The tryouts will include cold reads of scenes from the script to capture what each student might bring to the characters.

2023 2022 November Week 1 \$307,483 \$276,938 **FINANCIALS** MTD Actual \$307,483 \$276,938 **NOVEMBER** \$239,027 MTD Goal \$223,707 \$ 37,911 \$ 83,776 YTD Actual \$8,489,598 \$8,263,701 YTD Goal \$8,174,691 \$8,446,315 \$ 43,283 \$ 89,010



HERALD Church office - (817) 481-4147

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Managing Editor Cassidy Johnson
Graphics and Design Susanna Cunningham
Graphics Consultants Alec Hanson & Sarah Hamilton

White's Chapel Herald USPS 25541 is published weekly except for the second week of March and the week of Thanksgiving, and then changes to alternate weeks beginning the Friday after Memorial Day, changing back to weekly in mid-August, and skips the week between Christmas and New Year, by White's Chapel Methodist Church, 185 S. White Chapel Blvd, Southlake TX 76092-7308. Periodicals Postage is paid at Grapevine, TX and additional mailing offices. Subscription rate: \$10 for one year.

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POSTMASTER: Send address changes to White's Chapel, 185 S. White Chapel Blvd, Southlake, TX 76092-7308

Boundaries

Cont'd from page 1

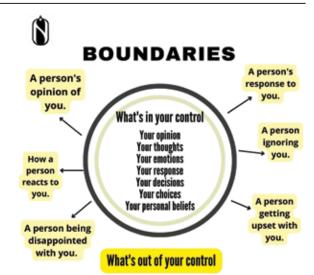
These are some of the questions I have been asked through the years.

When we don't set boundaries, we may feel more anxious, overwhelmed, frustrated, or even resentful. With the holidays approaching, our "to do list" and being asked to do things will increase and so will our emotions if we don't manage them well.

Today, nationally, over 40 million adults have an anxiety disorder in the U.S. According to the U.S. Census Bureau Household Pulse Survey, nearly one third of adults reported anxiety and depression symptoms in 2023. One survey found that young people are more likely to experience symptoms of anxiety than older adults. In adolescents between 13 and 18 years old, 31.9% are affected by anxiety disorders.

Here are five steps to setting boundaires in your life and reducing anxiety:

- PAUSE & BREATHE When someone ask you to do something whether it's in person, email, or text, take a few deep breaths.
- 2. HOW DO YOU FEEL? During your "pause and breathe," how do you feel? Anxious? Joyful? Stressed? Overwhemed? How you feel matters. It's signaling that you may need to say "no."
- 3. SAYING NO If you are feeling joyful, then it's okay to say "yes" but if you are feeling conflicted, unsure, or anxious, then it's a NO. Possibly, you may need 24 hours to confirm your response and this is okay too.
- 4. SELF TALK/COMPASSION Saying "no" is hard and uncomfortable. Practice speaking kindly to yourself if you need to say "no." (For example- "It's okay, I have a lot on my plate. I do what I can and this is not something I can commit to and that's okay.")



5. LET GO OF WHAT YOU CAN'T CONTROL – This is where the diagram I created is helpful. There are some people that don't like boundaries. They may become upset with you, not talk to you, or feel sad. This is uncomfortable and you will feel this and that's okay. You haven't done anything wrong. You are practicing self care.

We all value mental health. We all value peace in our lives. Remember this when you say "no" this holiday season. You may not be able to go to all the Christmas parties, volunteer for all the things you would like to do, bake all those cookies you wanted to bake...and that's okay!

When we focus on how we feel and remember why we are saying "no," it makes it easier to set boundaries.

What's great about boundaries is that you learn who your safe circle is around you. They will honor and respect your "no". Most importantly, you are modeling to your children how to set boundaries and practice self-care. I often tell my daughter, how that person responds to your choice or response is "out of your control." Will they be angry? Maybe...Sad or upset? Possibly...and that's okay.

Please take care of yourself and your family this holiday season. Boundaries are essential for peace and to experience what this season is all about... Jesus, joy and laughter!

Happy Holidays!

=CAF= Classic Adult Fellowship

Fall is FUN With CAF

Classic Adult Fellowship, or CAF, is the place to be this fall for those 55 and up. The group gathers every month for movies on the first Thursday and luncheons on the last Friday as well as special trips off campus together. So far, we've hosted a flashback luncheon remembering our teen years, traveled to a classic car museum, visited the Habitat for Humanity build site sponsored by WC, and recently hosted our first Oktoberfest luncheon. With the best food from Chef Joey. authentic polka music from Michael Borreli (the accordion man), festive costumes, and smiles all around - a good time was had by all!

Not only does the group enjoy movies, luncheons, and trips, but also hosting special events and gatherings. This month, the group hosted an Old-Fashioned Hymn Sing for the church and community featuring Chapel Hill Children's Choir, veteran recognition, special solos from Arnold Rawls as well as Jim Walters, and beautiful piano and organ playing with Bob Stevens. The hour-long program highlighted favorite hymns to reminded us of loved ones singing in the pews next to us during our lives and the love we

have for the Lord.

Looking forward to the next luncheon on Nov. 17, Chef Joey will be serving a Thanksgiving meal, and we'll welcome Judi Glover, Director of Volunteer Engagement at the Presbyterian Night Shelter/Patriot House. Over the years, CAF has collected items for Patriot House which assists homeless veterans in Tarrant County. Honoring veterans is a big part of our group, so we are collecting new or gently used shoes

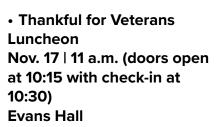


(tennis shoes, boots, or dress shoes) as well as socks to keep veterans in need warm this winter. All sizes can be dropped off at the Administration Offices or at the Nov. 17 luncheon honoring veterans. Please invite all veterans and those that love them to attend the luncheon and bring any military/war memorabilia to show the group. Those that have served our country have a

very special bond and these memories connect us even more.

Upcoming Events

Check the fall newsletter for more details, but here are some highlights:



We are honoring our veterans and all who love them. Wear patriotic colors and bring any military memorabilia to share with

> the group, if you own it, as well as shoes for homeless veterans. Register online, email, or call Laurie Williams.

WC Christmas Festival CAF Angels Needed Nov. 29

CAF volunteers are needed to pass out candy at the festival. One-hour slots start at 2 p.m. Contact Laurie for details.

CAF Monthly Movie-Dec. 7 | 1:30 p.m. **Rawlins Hall** Watch a movie together with fresh popcorn, drinks, candy, and

Director Laurie Williams lwilliams@whiteschapel.org

fellowship! FREE!



Festival

Cont'd from page 1

style games will be available for kids to play, and small prizes will be given out.

The festival will begin at 2 p.m., with the inflatables, reindeer/ camel photo ops, games, pony rides, and petting zoo available. The preschool story time at the pond will be featured at 3 p.m., highlighting the true reason for the festival. At 4 p.m., food trucks and mechanical rides will open for older kids and their families. Additional live nativities will be held near the pond at 5:30, 6, 6:30, and 7 p.m. These

offerings will feature a few animals, including a donkey, alpaca, chicken, and goats. As usual, a grand firework celebration will end the festival at 7:15 p.m., following the last live nativity. This year, the firework presentation is sure to 'wow' viewers of all ages as the show will be longer, and it will feature new music.

"It's just a time where people can slow down and visit... it's fun to see new faces come by," Bennett said. "I think that in everything we do, we try to keep Christ in Christmas. Everyone should really make an effort to see the nativity because that is why we do this... and it's just really cute."



"Especially that final one," Robbins chimed in. "It's dark outside, and it ends with the fireworks... it's just very sweet and such a joyful experience. The whole atmosphere is uplifting."

Food trucks will offer cookies

and ice cream, Mexican and Asian food, pizzas, funnel cakes, corn dogs, nachos, and more items for sale. Some of the businesses that will be represented include: Carnival Catering, Crave Kitchen, Pokey O's Cookies & Ice Cream, and Gepetto's Pizza Truck. Cotton candy, hot chocolate and popcorn will be available free of cost.

Adult and youth volunteers (fifth graders to high school students) are needed to help with inflatables, games, nativities, and free snacks/refreshments. In all, about 150 people are needed to assist with this event.

Information about the festival and volunteer sign-up links will be provided through the WC Kids email and the churchwide e-news. People can visit wckids.org or check the WC Kids Facebook page for additional information as well. Please contact the WC Kids codirectors with any questions.

Denise Bennett |dbennett@whiteschapel.org Hannah Robbins | hrobbins@whiteschapel.org













HABITAT FOR HUMANITY

Work will finish on the 1,000th Build on Nov. 11. Thank you to all of our wonderful volunteers!



Greens

Cont'd from page 1

popularly referred to as "the twelve days of Christmas."

These seasons and their customs have developed through many centuries and many countries. Old customs and observances are refined, renewed, replaced; new ones are added. Some of our customs have pagan origins but have been "converted" by redefining their meanings. What is significant for us is not what they may once have meant but rather what they mean for us today.

The Hanging of the Greens is a special service for the first Sunday in Advent. It is based on the English tradition of decorating the home with wreaths, garlands, a Christmas tree, and evergreens for Advent and Christmas. In a church setting, it readies the sanctuary as well as church members for this blessed season. This service is typically a Protestant service, having its roots in the Western culture.

This year, the church's Hanging of the Greens service will take place in Walton Chapel on Sunday, Dec. 3, officially welcoming the Advent season in celebration of the birth of Jesus Christ. The 9:30 a.m. service, led by Rev. Steve Lallier, will involve members of the congregation in the renewal and teaching of many of the symbols and customs of this blessed and sacred season.

Families and individuals are encouraged to participate in this special service. Please contact the church office for additional information.

Rev. Steve Lallier | slallier@whiteschapel.org

COMMUNITY CONNECTIONS

Carter BloodCare Blood Drive Sunday, Nov. 12 | 8 a.m. to 2 p.m.

Carter BloodCare will host a blood drive at White's Chapel. Come to the bus in front of the Center for Spiritual Care between 8 a.m. to 2 p.m. Register on Carter BloodCare website.

Miniature Trains at WC Starting Saturday, Nov. 18

All aboard! The miniature trains will be back and displayed in Wesley Cafe beginning Saturday, Nov. 18. The dates and times of the trains will vary depending on church events. Please visit wctrains.org for more information.

Serving with Love The third Saturday of every month Saturday, Nov. 18 | 5 to 7 p.m.

On the third Saturday of each month, White's Chapel volunteers travel to the Presbyterian Night Shelter in Fort Worth to serve women and children who are homeless or victims of domestic violence. Volunteers can meet at the church at 4:15 p.m. to carpool or meet at the Morris Shelter at 5 p.m. to serve dinner and provide love, encouragement, and fellowship to the residents. Space is limited so volunteers are taken on a first-come, first-serve basis. Registration is required. There are no vaccination requirements. Families with kids 12 and over are welcome.

Dedra Moffat | dmoffat@whiteschapel.org

Volunteers Needed! Thanksgiving Giveaway at O.H. Stowe Elementary Monday, Nov. 20 | 3 to 7 p.m.

Join volunteers at O.H. Stowe Elementary as they provide families the opportunity to shop for their Thanksgiving meal. Participants will get to choose a turkey and fixings as they go through the trailer – and everything will be available at no cost to the recipients.

The Mobile Market is a wonderful complement to WC's mission-oriented ministries at O.H. Stowe Elementary, which include tutoring for students and child food security program. If you have a passion for helping provide food to those in need, there are several opportunities where you can help. Sign up online or contact Jim Niewald at jimniewald@yahoo.com.

WC Young Adult Care Packages Donations Needed!

Finals season is a stressful time, but some goodies and a little support from your community can go a long way. Our Young Adults will be packing Finals Care Packages for current college students on Nov. 18. If you would like to donate goodies (store bought snacks, candy, gift cards, stress relief toys, etc.) please leave them in the boxes marked Young Adult Care Packages located in The Concourse or the Admin. Building by Nov. 12. Email Logan de Groot Idegroot@ whiteschapel.org.





Prayer List

Adriana Abbasi, Malta Akins, Sam Akins, Sandi Attwood, Angelique Bales, Carol Barret, Walt Barret, Mickey Bechill, Rick Berry, Allison Bishop, Bethia Blomquist, Chuck and Jenni Borsellino, Cara Bradshaw, Kay Brandt, Marlin Brandt, Cheryl Brashear, Debbie Brown, Ruby Buffalo, John Cairns, Connie Center, Carey Cockerell, Carolyn Cockrell, Shelby Coody, John Corder, Jim Cox, Bonna Downum, Tommy Duer, Bobbi Dunbar, Wilma Dykman, Dennis Eaton, Adam Evans, Ralph Evans, Patricia and Eric Everett, Mark Ferrell, Elliotte Fitzpatrick, Ed Forman, Diane Franks, Colleen Garrett and Family, Earl Geddes, Carolyn Gillum, Rob Glover, Jane Grazer, Curtis Griffith, John Guthrie, Judith Hallam, Maxie Hays, Bob Horn, Israel, Ashley Ivester, Sheri Jones, LuAnn Kime, Cooper Kohan, Dolores Kopesec, Jack Kurilla, Connie Lamb, John Lind, Taylor Lynde, Audie Meredith, Sheldon Metz, Buddy Mincey, Ed Molberg, Thomas W. Morris, Rodney Murray, Linda Nadeau, Cooper Page, Jennifer Parks, Amanda Patton, John Peck, Barbara Pico, Kathy Pierce, Jim and Mary Renner, Lonnie Ridinger, Megan Robison and Brayden Steele, Johnnie Ruth Rogillio, Elizabeth Rowland, Beatrice Scally, Gary Schneider, Amanda Schroeder, Wesley Schultz, Mary Beth Scott, Joanne Schall Seiple, Sid Soileau, Amy Spaeth, Rob Stewart, Sherrie Stoecker, Spencer Strong, Sara Sturtevant, Hannah Taylor, Carolyn Thompson, Bill Thornton, Emily Torres, Margaret Touchstone, Sharon Valentine, The Viebig Family, Hunter Waggoner, Charlene Wahrmund, Herb Waldrup, Darles Watson, Charlene Weseloh, Jule Waterman, Glenn Whittington, Steven Wibracht, Kyle Williams, Ida Wilson, Lisa Wilson, Leigh Winzeler, Brenda Wyatt, Ben and James. Recent deaths: The Family of Joseph Ashmore, The Family of Tom Bowman, The Family of Darlene Daniels, The Family of Agnes Davidson, The Family of Bryan Dunagan, The Family

of Nick Foust, The Family of Sueanne Jones, The Family of Marguerite Demboski, The Family of Bob Morrow, The Family of Danny Prado, The Family of Alice Diane Thomas, The Family of Billie Wheat, The Family of Ronald Zimmerman.

You may submit prayer requests at whiteschapel.org/prayer-request.html or or use the QR code.







SCAN QR CODE FOR NEEDED FOOD ITEM LIST Item drop offs located inside the Concourse near the East Welcome Doors and inside the Admin building lobby





