WHITE'S CHAPEL

HERALD



Join us online or in person as we conclude our sermon series, "Sign of the Times." We hope you will join us.

VOLUME 13, NUMBER 42

FRIDAY, APRIL 28, 2023

571870

Saturday, May 20 | 9:30 a.m.

2023 **Fun Run**

Ready, Set, Go!

t's time to mark your calendar for this year's Fun Run! Scheduled for Saturday, May 20, this third-annual "run" is sure to be a morning of excitement, entertainment, and of course, exercise as WC Kids raise money for Heifer International. People of all ages are welcome.

"I'm excited to see the event grow year after year!" shared WC Kids Co-Director Hannah Robbins. "Last year, in honor of Heifer International, we added a petting zoo by the finish line. It was such a hit! It will be returning this year."

People of all ages are welcome to walk, run, push a stroller, or walk a dog at this event.

In addition to the petting zoo, there will be fun interactive elements incorporated into the course for people to enjoy. There will be giant bubble stations, chalk messages, hula hoops, an inflatable obstacle course, and more along the way! While this is a WC Kids sponsored event, it is not limited to kids – people of all ages are welcome to walk, run, push a stroller, or walk a dog at this event.

"It's always so much fun," Robbins said. "It's a great way to get to know people as you walk and talk around the church. It's our third year to do it, so it's really catching on as something families look forward to each year."

The Fun Run will begin at 9:30 a.m., with a word of prayer at the WC Outdoor Amphitheater, and end with breakfast served at the finish line. Registration is \$10 per person and 100 percent of

FUN RUN cont'd on page 3









WOMEN'S MISSION DAY

This was the fourth year WC Women helped serve the residents at the Grapevine Housing Authority. Volunteers added mulch and plated flowers. A Girl Scout troop that meets at the church also bought hanging flower plants for each resident. We are so thankful to partner with great organizations to bring smiles to our community!



ourney "under the sea" with Ariel and her aquatic friends in Disney's "The Little Mermaid, JR." as the White's Chapel Theater II team presents the iconic classic for three nights in The Foundry. Adapted from Disney's Broadway production and the motion picture, the show features the enormously popular Academy Awardwinning music.

Based on one of Hans Christian

The Foundry | May 10-12

'Mermaid" is Magical in Theater II Production

seeking.

to run wild.

In a magical underwater kingdom, the beautiful young mermaid, Ariel, longs to leave her ocean home — and her fins — behind and live in the world above. But first, she'll have to defy her father, King Triton, make a deal with the

Andersen's most beloved stories, Disney's "The Little Mermaid JR." is an enchanting look at the sacrifices we all make for love and acceptance.

evil sea witch, Ursula, and convince the

handsome Prince Eric that she's the

Written to flow seamlessly between land and sea, Disney's "The Little Mermaid JR." provides plenty of opportunities to bring these locations to life through creative movement and configurations. The fantasy of being underwater means the entire cast and crew were invited to allow imaginations

girl whose enchanting voice he's been

MERMAID cont'd on page 2

Mental Health & Athletes Raising Awareness Through Conversations

Approximately 30 percent of women and 25 percent of men who are student athletes report having anxiety, and only 10 percent of all college athletes with known mental health conditions seek care from a mental health professional, according to The American College of Sport Medicine's 2021 findings.

"Golf is a lonely sport ... there were times when I was on the road struggling with my game, alone and in a dark place ... not knowing if I would ever find my way back."

James Nitties, former PGA golfer

oday, more athletes are speaking up about their mental health and making it a priority. There are also professional athletes using their platform to discuss the importance of investing in our mental health.

Though conversations about this are beginning, evidence suggests that, in the general population, instances of poor mental health have increased over recent years and are set to continue to grow. Athletes may experience a plethora of additional stressors, such as injury, de-selection, and competitive

A recent study had 410 athletes across a variety of sports, ages, and levels of experience complete an online questionnaire pack assessing irrational beliefs, self-confidence, cognitive and somatic competitive anxiety, and depressive symptoms by sports psychology experts from Staffordshire University and Manchester Metropolitan University. The findings revealed that athletes' belief systems, specifically irrational beliefs, are related to poorer self-confidence, and in turn, greater

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WC Students Update Arts Academy Summer Camp Info



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Sign of the Times

"I do not at all understand the mystery of grace - only that it meets us where we are but does not leave us where it found us." - Anne Lamott

By Dr. Todd Renner

s we approach the end of our "Sign of the Times" sermon series this weekend (and I sincerely hope that you've enjoyed the series as much as we have), I've been stewing on something. I've been marinating on an idea that I stumbled upon going into the benediction of the 11 a.m. service last weekend: that we are called to be the signs of God's Kingdom, that we are called to be those who point the way to grace, to hope, to redemption, to Christ.

But which comes first, the old question goes: repentance or grace? Do we repent and turn toward God in an effort to receive divine grace? Or does God's grace work in us to call us to repentance? Is grace our reward for returning home; or is it, like streetlamps coming on or a mother calling her children in for dinner, the call to return? It's a profound question, to be sure – a mystery that has intrigued saints and sinners, alike, for centuries.

The mystery of grace, though, is not one that we try to figure out; it is not some puzzle with right answers or a maze with wrong turns. It is, instead, a dance that we should simply endeavor

to join. Grace is ours to receive; and in receiving it, we strangely feel compelled to give it away. This is the sacred movement of God in our midst; it is the motion of being used as instruments of the holy Kingdom of God. God loves us just the way we are, but He refuses to leave us that way. God wants to hone us and polish us. Like a master potter sitting at his wheel, God wants to mold us into that we might extend grace to this world that is drowning in need for it. God wants to use us to heal others, but we must first find healing, ourselves. God wants to use us to lead others, but we must first learn to follow. God wants to use us to bring others to grace, but we must experience it and receive it first. The soul healed by grace cannot help but share it. The heart kept in grace cannot help but to show it.

As such, grace is amongst the greatest of all testimonies. It appears in the slightest ways to change the flavor of our conversations. Grace changes the ways we see people and the ways we respond to situations. Grace, by necessity, changes us – directing the ways we do the things we do inasmuch as it dictates those things we refuse to do. From the inside-out, grace becomes the great question we live into the answer, the great, enduring sign of our Savior!





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Mermaid

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"One of the major differences of this show, and also one of its biggest challenges, was finding a way to transform The Foundry into an underwater lagoon, massive ship, and glorious palace all at the same time," said Technical Director, Richard Rodenberg. "We spent a majority of the semester brainstorming ways to create the illusion of the actors being underwater as they interacted with other actors."

Out on the open sea, Prince Eric pursues a mysterious voice, despite the protests of his guardian, Grimsby. Far beneath the waves, the crab, Sebastian, has prepared a concert for King Triton that features his youngest child, Ariel but she has snuck up to the surface with her best friend, Flounder. There, they learn from the seagull, Scuttle, about the human treasure she has found. Meanwhile, the sea witch, Ursula, and her lackey eels, Flotsam and Jetsam, bemoan their exile and plot to regain power from Triton, using Ariel as bait. King Triton scolds Ariel for going to the surface and appoints Sebastian as her chaperone. Ariel retreats to her grotto and dreams of living on land. Upon discovering her collection of human objects, Sebastian extols the virtues of the ocean. Distracted by the shadow of a great ship, Ariel swims to the surface and finds the handsome Prince Eric on board. Suddenly, lightning strikes the ship, sending Prince Eric overboard. Ariel darts into action and brings the unconscious prince to shore. Her song wakes Prince Eric, but she has disappeared into the

Back underwater, the Mersisters grill Flounder about Ariel's odd behavior. Furious about Ariel's contact with a human, King Triton destroys all her precious objects. Flotsam and Jetsam find Ariel in despair and lure her to the sea witch's lair. Ursula offers to change Ariel into a human in exchange for her voice. Prince Eric must kiss her within three days or Ariel will turn back into a mermaid and become Ursula's slave. On the beach, Prince Eric finds Ariel and brings her home to the palace. Sebastian follows to protect Ariel, but finds himself in jeopardy in Chef Louis' kitchen. Ariel's silence prompts Prince Eric to find other ways to communicate, like dancing, but he is still haunted by the mysterious voice. On the second day, Sebastian calls on lagoon animals to serenade the couple but Flotsam and Jetsam cause a

commotion that blocks their kiss.

Grimsby arranges a singing contest on the third day in order to locate the owner of the mysterious voice (and thus a bride for Prince Eric) but, when Ariel breaks through the crowd and dances, Prince Eric realizes how much he loves her and begins to propose. However, the sun sets and the spell is broken, turning Ariel back into a mermaid and drawing her into the sea. Sebastian rushes to warn King Triton, who agrees to hand over his trident and take Ariel's place as Ursula's slave. When Prince Eric attempts to rescue Ariel, Ursula loses control of her magic shell and Ariel's voice is restored. Trident in hand, Ursula attempts to harness the power of the seas, but creates a whirlpool that destroys her and the eels. With peace restored, Ariel returns the trident to her father. King Triton realizes how much Ariel cares for Prince Eric and decides to restore her humanity. He gently deposits her on the shore, and Prince Eric rushes up and proposes. As Ariel answers, Prince Eric realizes that the mysterious voice has been her's all along.

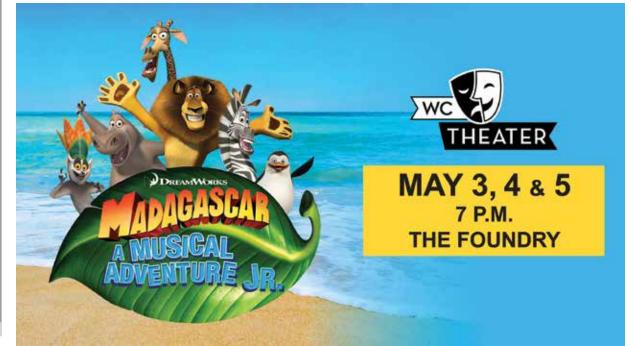
The audience will cheer and sing along with familiar favorites "Human Stuff," "Under the Sea," "Part of Your World," "Kiss the Girl," and the dark but memorable "Poor Unfortunate Souls" as the story progresses and the underworld is made right again in the finale.

This is the 14th show at White's Chapel under the direction of Julie Blalock. Assisting her in direction is Zoe Thompson, Student Director. In addition to Rodenberg, others contributing their talents behind the scenes include Music Director Lindy Hagen; Stage Managers, Daniel Flood, and Brooklyn Zimmerman; Choreographer, Lee Blalock; and Stage Hands, Obed Schultz, Seth Rowden, and Avery Lewis.

Parent Volunteer Melissa Zimmerman joined Arts Academy Coordinator Erin Schechter and WC Kids Co-Directors Denise Bennett and Hannah Robbins to offer help and support for the production.

Making up the cast for this spring production will be Abigail Dedic, Gabriel Delaune, Alyssa DiFabio, Rylan Dixon, Fisher Dodson, Libby Dodson, Ella Fedak, Elise Gibson, Brooks Gwynn, Blaze Hearn, Zoey Heilman, Catelyn Kelley, Eleanor Krieger, Benjamin Lee, Cade Lewis, Catarina Martin, Kayla McMaster, Olivia Neal, Brooke Neely, Elijah Parish, Jack Paschall, Kylee Pearson, Jude Schultz, Cade Skattum, Madeline Spencer, Sam Thompson, Evelyn Veley, Jossalyn Veley, Emilia Vivanco, and Hayden Wedderien.

The family-friendly production is open to all. Admission is free.



(WCStudents)



High School Mission Trip

All students of the graduating classes of 2023-2027 are welcome to register for this year's High School Mission Trip. The trip will be held July 9-14 in Memphis, Tennessee. This week-long trip will provide students with the opportunity to serve the people of Memphis while growing in their faith alongside their peers. This trip is known to fill up very, very quickly, so please sign up now. Over 130 people have registered since the first week of registration being open! Because space is limited, ALL students will initially be placed on a WAIT LIST on a first come first served basis and when an adult signs up, five students will be placed on the final roster. If a parent of a student on the wait list registers as a work group leader, their student will automatically be added to the final roster. Registration forms for this trip can be found at wcstudents.com.

Middle School Mission Trip

Those in the graduating classes of 2028-2029 are invited to join us on this year's Middle School Mission Trip to Little Rock, Arkansas. The trip will be June 12-16. These middle school students will get to learn about their faith as they serve the community together. Spots for this trip are filling up quickly, so take the time to sign up now. All students will initially be placed on a WAIT LIST and when an adult signs up, five students will be placed on the final roster in the order that they registered. If a parent of a student on the wait list registers as a work group leader, their student will automatically be added to the final roster. Registration forms for this trip can be found at wcstudents.com.

7th Grade Trip

We have a jam-packed schedule for the class of 2029 on this year's 7th Grade Trip. The trip, which takes place June 5-7, will be three action-packed days of ridiculous fun. Students will travel around the metroplex, going from one adventure to the next. This trip is designed to provide an opportunity for students to become acclimated with WC Student Ministry as they prepare for life as a 7th grader. Every effort is

made in helping students connect in friendships with each other and with our Student Ministry Team to lay a foundation of community. Registration for 7th Grade Trip will open on Wednesday, March 1. Upon opening, registration forms for this trip will be found on westudents.com.



In order for these trips to be a success, more than 75 adults are needed as work group leaders for High School Mission Trip alone! We hope you will consider joining us. We are happy to answer any questions or concerns you may have. Work group leaders are responsible for co-leading a team of students with one or two other adults in assigned projects and facilitating group discussion/ devotion times (provided). Because we are required to provide one work group leader for every five students, the number of students who can attend this trip is strictly determined by the number of adults who register for this role. This year, to keep work groups small, we will need adult leaders more than ever. If you have ever wanted a shot at being a hero for a week, this is definitely it!!

Senior Trip

Save the date for our upcoming Senior Trip for the class of 2024 July 26-27. Students will have the opportunity to spend some quality time with Senior Pastors Drs. John McKellar and Todd Renner as well as some of the WC Students staff. This trip exists to assist incoming seniors in their transition from high school to college and to provide support as they make decisions about the next chapter of their lives. As the senior class spends quality time with the senior pastors and asks honest questions about their faith, we hope they truly begin to see their church home as a community of encouragement. The details regarding this trip will come in the following weeks.

Senior Sunday Photos

We would like all graduating seniors to be a part of Senior Recognition Sunday, a memorable service during the Traditional Worship Service at 11 a.m. in the sanctuary on Sunday, May 21. To be included in the video slideshow that morning, please send two photos of your senior in jpeg form (one photo taken during your student's senior year and one taken as a baby or during early childhood) to wcseniorphotos@gmail. com. Put your student's FULL NAME in the subject line. The name in the subject line of the email will be the one shown in the slideshow. Most parents choose to use their student's first, middle, and last name. Please submit photos no later than Wednesday, May 4. If you have any questions, please contact Michelle Joseph. We will send out more information about Senior Recognition Sunday (such as arrival times, dress, etc) as we get closer to the date.









Fun Run

Cont'd from page 1

registration fees will be donated to Heifer International.

Heifer International is a nonprofit charity that believes "ending poverty begins with agriculture." According to their website, "Heifer International is on a mission to end hunger and poverty in a sustainable way by supporting and investing alongside local farmers and their communities." To support people in need, the organization assists in areas of economic development, environmental sustainability, food security and nutrition, risk mitigation and resilience, and women's empowerment. Countries impacted by these efforts include: Bangladesh, Cambodia, Ecuador, Guatemala, Haiti, Honduras, India, Kenya, Malawi, Mexico, Nepal, Nicaragua, Nigeria, Rwanda, Senegal, Tanzania, Uganda, the United States of America, and Zambia.

"Our church has supported Heifer

for years," shared Robbins. "We love it because it helps people and communities long term by providing the tools and training for families to lift themselves out of poverty. I think it really connects with kids because we are raising money for something tangible — and kids love animals! It's so much fun to get to include the petting zoo as a nod to Heifer."

Registration for the upcoming Fun Run is available online through the church website. Make sure to register by April 29 to get a FREE Fun Run t-shirt. People will be encouraged to pick up their t-shirt the week before the event so they can wear it to the Fun Run, along with comfortable shoes. Water bottles will be available on the day of the event.

If you can't make the Fun Run but would still like to donate to Heifer International, you can drop off a check during church business hours. For the months of April and May, the WC Kids offering will go to Heifer International so donations will also be accepted by WC Kids on Sunday mornings.

To volunteer, please contact Hannah Robbins at hrobbins@whiteschapel.org.



Awareness

Cont'd from page 1

competitive anxiety, and depressive symptoms. A novel finding from the study was the direct relationship between depreciation and self-confidence when specifically referring to the self. Such as ... "If I lose, I'm a failure," "I can't," or "I am not good enough" to name a few.

When athletes can take the time to talk with a counselor, coach, or someone they trust, they can begin to unpack the emotional stressors and thoughts that are holding them captive.

"I have struggled internally but tried to keep it together externally. That made things worse. When I talk about the things I'm struggling with, it helps release the grip that it has on me ... I love this quote by C.S. Lewis that is about this very thing: 'I have learned now that while those who speak about one's miseries usually hurt, those who keep silent hurt more." Craig Gentry-former Texas Ranger

The research study also addressed the value of athletes addressing their irrational thoughts/beliefs because they can then be challenged and weakened when they talk about them with a professional. "Promoting helpful 'self-talk' or imagery can really help to shift somebody's mindset from being rigid and illogical to being more rational, flexible and healthy."

When I work with athletes, self-talk is an area that we discuss a lot. This is extremely influential on the overall

confidence of an athlete. Often, athletes aren't even aware of their negative talk that they are saying to themselves. Once they are aware of their negative chatter, then they have control over how to manage it. What's important is that they are beginning to observe it and can now question what's an irrational or rational belief. We focus on statements that are true for them and that they have earned the right to tell themselves. It's an empowering process that can increase confidence and improve overall mental

I am looking forward to more discussion on mental health when these former professional athletes share their story and struggles. PGA player James Nitties, Texas Ranger Craig Gentry, NFL player Tony Casillas, and NFL player Louis Trinca-Pasat will join the panel.

Let's keep this conversation going as we enter Mental Health Awareness Month in May.

Dr. Nina Rios-Doria, PhD, LPC Licensed Professional Counselor White's Chapel Counseling Center

"Mental health is a hot topic right now in our country, while it is important, I think the enemy is using it to confuse people. God gave us a sound mind. When I identify with my Creator, my life has meaning, my mind is clear, and that wipes away all confusion."

Louis Trinca-Pasat, former NFL player

Reference:

Paul C. Mansell, Martin J. Turner. Testing the REBT-I model in athletes: Investigating the role of self-confidence between irrational beliefs and psychological distress. Psychology of Sport and Exercise, 2022; 63: 102284 DOI: 10.1016/j. psychsport.2022.102284

COMMUNITY CONNECTIONS

Concert in Grace Chapel Featuring Evan Wennerberg Friday, May 5 | 7:30 p.m.

This hour-long recital will feature White's Chapel choir member soprano Jenny Wennerberg, WC orchestra clarinetist Evan Wennerberg, and accompanist Ted Walker. The theme is music of the early 1900s. Highlights of the program include:

- "Première Rhapsodie" by Claude Debussy for clarinet and piano
- "My Hero" by Oscar Straus and Stanislaus Stange for soprano and piano
- "Concertino" by Cecile Chaminade for flute and piano
- "The Shepherd on the Rock" by Franz Schubert for soprano, clarinet, and piano
- Plus, a few surprises!

This concert is presented as a gift to the church and will offer a dessert reception after the program.

Christians Facing Cancer Tuesday, May 9 | 6:30 p.m. Room 2129 | Evans Hall First Floor

In May, the group will welcome Trey Beazley, a cancer survivor, as a guest speaker. Trey graduated from Texas A&M University in 1984 and recently retired from 35+ years in the commercial real estate tax business. Trey and his wife Beth have lived in this area for many years and have three sons and one daughter. They are proud and busy grandparents of six grandsons, ages seven and under! Trey has been involved at White's Chapel for many years, including leading youth Bible studies.

Christians Facing Cancer provides encouragement for cancer patients, caregivers, family members, and friends whose lives have been impacted by a cancer diagnosis. The group meets on the second Tuesday of each month. For additional information, contact BJ Landers at landerscln@aol.com, (817) 683-6088, or supportgroups@whiteschapel.org.

Cooking with Care Second and Third Mondays of the Month Monday, May 8 & 15 | 9:20 a.m.

Each month, men and women join in planning, buying, preparing, and serving lunch to the parents, siblings, and family members staying at the Ronald McDonald House in Fort Worth. Ronald McDonald House provides housing for parents with critically-ill children at Cook Children's Medical Center. Meals are served twice a month on the second and third Monday, with the number of volunteers limited to ten on each serving date. Volunteers meet at 9:20 a.m. and carpool together, returning at 2 p.m. For more information, contact Dedra Moffat at dmoffat@whiteschapel.org.

Ushers Needed

Do you have a busy schedule, but you want to find a way to serve at WC? Join the Usher Team to share your gift of hospitality when you worship. Ushers are needed for all services. Scheduling is very flexible.

Please contact Robyn Olson and provide the time of the service you would like to usher.

Robyn Olson | robyncolson1@gmail.com

Volunteers Needed to Pack Military Appreciation Boxes May 12 & 22

The current 4th of July Military Box effort is underway, and you can join the effort by volunteering to provide decorations, provide items, or pack the boxes. Please sign up online or with the QR code below. If you have questions,

please contact Bonnie Cooper, our M&M Team Lead for Military Boxes, at bonkay27@yahoo. com. Thanks for your consideration to help!



Open Hearts Thursday, May 11 | 6:30 p.m.

The next Open Hearts meeting will be a potluck dinner at the home of Janice and Paul White. It will be on Thursday, May 11 at 6:30 p.m. Bring a dish to share. This will be our last gathering until September. For further information and address, contact Janice at janicedwhite74@gmail.com.

Open Hearts is a group that respects and welcomes all people. We strive to support, both spiritually and socially, those in the LGBT community and their family and friends. We believe that God loves all and seek to provide a safe environment for discussion and fellowship.

Janice White | janicedwhite74@gmail.com



Prayer List

Dave Aistrup, Jack Bair, Carol Barret, Walt Barret, Gene Baugh, Judy Belter, Joyce Billingsley, John and Dianne Bishop, Roy Black, Bethia Blomquist, Cheryl and Ernie Brashear, Ron and Carol Bryant, Bobbie Cameron, Nikki Campbell, Connie Center, Chip Chambers, Freddie Charles, Pam Conley, Jimmie Nell Cook, Jim Cox, Laura Crowley, Marie Crump, Apolo Damaso, Bart Davis, Bristol and Kayla Davis, D'Ann Dikes, Sarah Dikes, Bobbi Dunbar, Audrey Dusendschon, Connie Ellis, Lynn Evans, Brian Fenley, Charlotte Fox, Steve Garrison, Jane Grazer, John Guthrie, Judith Hallam, Eric Herrenbruck, Nathan Hight, Art Hill, Gene Holder, Dennis Howry, Barb Idol, Bill Jacobs, Doug Jenkins, Monica Kaminski, Tom Kelly, Rick and Martha Kinsella, James Kubula, Sam Lapp, Jerry Lukas, Shelley Luther, Taylor Lynde Timms, Jared McAda, Marsha McAlexander, Bruce McGraw, Vonna McMeans, Buddy Mincey, Ed Molberg, Richard Moreau, Thomas W. Morris, Claudette Morrow, John Nadeau, Eric Olson, Helen Owen, Chris Paddock, Mary Mardovin Pekowski, Hank Perry, Barbara Pico, Kathy Pierce, Donnie Rauschuber, Jim and Mary Renner, Allison Rice, Johnnie Ruth Rogillio, Carter Schultz, Wesley Schultz, Paul and Laura Sewall, Diane Shafer, Bertha "Dicy" Smith , Jo Smith, Sid Soileau, Betty Marie Sipes, Jasper Talley, Carolyn Thompson, Jenny Thornell, Bill Thornton, Charlene Wahrmund, Javier Walker, Pat Warner, Danny Wilkins, Dick Williams, Joni and Boyd Williams, Ken Williams, Ida Wilson, Leigh Winzeler, Dave Zebriski, Austin and Kelly. Recent Deaths: The Kenny Brown Family, The Family of Jim Curts, The Family of Margie Cushing, The Family of Chuck Edmunds, The Family of Caleb Graham Larson, The Family of Jacqueline MacLean, The Family of Kosse Maykus, The Family of Ray Menefee, The Family of Kenneth Muncy, The Family of Reagan Noble, The Family of Harold Pemberton, The Family of Otto Pollei Jr., The Family of Ted Powell, The Family of Patti Rogers, The Family of Don Snyder, The Family of Richard Thompson, The Family of Lindsey Smith Trapp.

You may submit prayer requests at whiteschapelumc.com/prayer-request.html

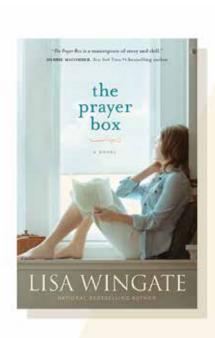




Join us as we partner with Tarrant Area Food Bank (TAFB), which provides more than 1,000, 000 meals each week through hunger-relief charities and feeding programs in Tarrant County and 12 surrounding counties. The church is offering an opportunity on a quarterly basis to volunteer at the TAFB Distribution Center, in Fort Worth, for "Quality Control" and sorting of donated foods. Once sorted, the donations are then distributed through their system. The sorting session is from 1 to 4 p.m. TAFB requires volunteers to be vaccinated for COVID-19, show proof of vaccine (vaccination card), and be at least 12 years old to participate. Registration is required online.

Rev. Sterling Smith | ssmith@whiteschapel.org







THE PRAYER BOX BY LISA WINGATE

Monday, May 15 | 1 p.m. | Room 2235

Contact Janey Bond at Bondcrew@icloud.com for more info.

