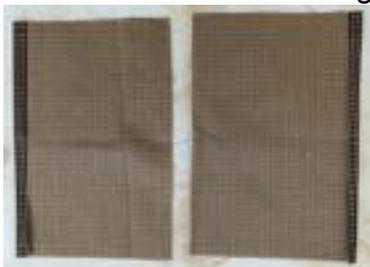


The main fabric and lining need to be 2 different fabrics. Theory is there will be less chance of the fibers matching up. Also, its been stated that the outer layer would be better with a poly or poly/blend due to the fact it tends to “repel” moisture. Inside would then be cotton. Nothing heavy, people still need to breathe. We have just been using cotton on both sides as that is what most of us have. The pocket can be filled with a “filter” but since these need to be disposable the wearer would need to use their own. Some people are using non-woven fabric but that is going fast also. The best things to use around the house are paper towels and tissue.

Cut fabric: main fabric cut (1) 12“x 7 1/2”
lining cut (2) 9 1/2 “ x 5”
elastic cut (2) 12-13”

1.Press fabric before cutting if needed.



2
Turn under 1/2” of one long side of each piece of lining fabric and sew hem in.

3. Mark centers on the unhemmed side of the lining pieces and both sides of the main fabric piece.



4
Right sides together, match centers and sew the long raw edge side with a 1/4” seam.



5
Open lining out and press the right side.



6 Wrong side up press seam toward center turning the lining in till the raw edge of the main fabric is $\frac{1}{4}$ " turned up.

7. With right side facing you place a pin in the center through all the layers. This will make placing the tucks easier. Place 4 tucks being sure that all layers are in the fold. All the tucks should be in the same direction. When finished with tucks the sides should measure approximately $2\frac{3}{4}$ ".

To make tucks: (If you can just fold the tucks in without measuring do so...it's not an exact science)

Place a pin on each side of the fabric 1' from the top.

Place another pin 1" from the first pin. Bring the top pin to the second pin. Pin in place.

Place a pin $\frac{1}{2}$ " from first fold. Place another pin 1' away. Bring top pin to second pin. Pin in place.

Place a pin $\frac{1}{2}$ " from fold. Place another pin 1' away. Bring top pin to second pin. Pin in place.

Place a pin $\frac{1}{2}$ " from fold. Place last pin $\frac{1}{2}$ ' away from edge of fabric. Bring top pin to second pin. Pin in place.

8 Take pin from the middle of the mask and press well.

9 Sew edge short side of the mask right beside the lining. You don't have to catch the lining in this, it is only to hold the pleats in place. Press.



10 Casing: Match raw edge of main fabric to edge of lining being sure to hold the pleats in place. Press well. Turn up again and press well. Sew close to the edge to make the casing. I used about a $\frac{3}{8}$ " seam.

11 Run elastic through the casing with a safety pin. Remember to look at the pleats from the wrong side and make sure the pin is going "down" the pleats. Just makes running the elastic through easier. Loosely tie the ends so the elastic doesn't come out. The wearer can tighten the elastic to fit their face.